

Cadillac



Wrestling

2020 Seasons Information

Novice Season— (Ages 5-14) This season is recommended for wrestlers who want to learn the basics before trying a longer and more competitive season. The club fee is \$30. Wrestlers pay \$5-10 per meet. The season runs from January 29th to March 21st. Practices are from 6-7:30. There are 4 weeks of Wednesday only practices followed by 4 weeks of Tuesday and Thursday practices. There is an opportunity to wrestle in three local Saturday meets.

Competitive Season— (Ages 7-14) This season is recommended for experienced wrestlers or new wrestlers who are already aggressive and whose parents are willing to travel. The club fee is \$50. Wrestlers pay \$11 per meet. The season is from December 3rd to February 23rd. Practices are from 6-7:30 on Tuesdays and Thursdays. Meets are held on Saturdays, usually within an hours drive. There will be approximately 8 meets.

Jr. High Club— This season is recommended for all 6-8th grade wrestlers regardless of skill level. The club fee is \$50. There are no other costs. The season is from January 20th to March 21st. Practice time will be from 3-5:15 p.m. Monday through Friday. Wrestlers compete in weekday meets and three weekend novice meets.

High School Club— This season is for high school wrestlers. The club fee is \$50. There are no other costs. The season runs from November 18th to February 14th. Practice time will be from 3-5:15 p.m. Monday through Friday. Wrestlers compete in weekday meets and Saturday tournaments. Wrestlers will not compete in the MHSAA post season this year.

Notes: Age for season is age on December 31st, 2019. Parents must transport kids to meets for **all seasons** and must supervise kids at meets if they are below middle school age. Practices will be held in the Jr. High cafeteria (enter at doors by the lake). We expect all wrestlers to participate in fundraising. The fee for a additional children beyond the first is reduced to \$30.

How do we sign-up?

The sign-up form is on the back of this paper. But we **strongly prefer** that you sign-up and pay online at www.cadillacwrestling.com.

Eligibility

Wrestlers must either attend CAPS schools, live in the district, or get permission from the CWC board.

Equipment

Wrestlers will need shoes and youth or adult headgear (depending on size) before the first meet. These can be bought at sporting goods stores or online. Clean socks can be worn at practice until shoes are obtained. Wrestlers practice in shorts and a t-shirt. We will be issuing uniforms for wrestlers to wear at meets only. Failure to return a uniform will result in a charge. All wrestlers receive a warm-up shirt that they will keep.

Cadillac Wrestling Club Sign-Up Form

Use this form if you cannot register and pay online at www.cadillacwrestling.com

Wrestler's Name: _____

Weight: _____

Age as of 12/31/2019: _____

Birthdate: _____

School & Grade: _____

T-shirt Size: _____

Parent #1 Name: _____ #2 _____

Parent #1 Phone Number : _____ #2 _____

Parent #1 Email Address: _____ #2 _____

Mailing Address: _____

_____ Competitive Season Only (\$50)

_____ Novice Season Only (\$30)

_____ Competitive & Novice Season (\$50) _____ Jr. High Club Only (Includes novice season meets) (\$50)

_____ Competitive & Jr. High Club (includes novice season meets) (\$50)

_____ High School Club Only (Includes novice season meets) (\$50) *** **Additional kids any season is \$30**

A CWC Board meeting and Competitive Season Parent Meeting will be held Sunday December 2nd at 5 p.m.
In Jr. High Cafeteria

*We prefer to have received your sign-up form at least one week prior to the start of the season.

We are in need of help with coaching, fundraising, home meet workers, and serving on our board. Also, we are looking for businesses to sponsor for as little as \$50. If you can help, please tell us how:

My child has recently been seen by a physician and is healthy enough to participate in rigorous physical activity. I will hold harmless the Cadillac Area Public Schools, Cadillac Wrestling Club, and the Northeast Michigan Wrestling Association and its coaches, employees, or members from any injuries or accidents that occur as a result of participating in wrestling.

Parent Signature _____ Date _____

If not registering online, make payment out to **Cadillac Wrestling Club**, put wrestler's name in the memo, and mail it to Cadillac Wrestling Club PO Box .582 Cadillac, MI 49601.

For questions, call/text Chad Philips at 231-846-1482 or email cadillacwrestlingclub@gmail.com.