



Freeland Wrestling Tournament
Freeland High School
8250 Webster Road, Freeland
NEMWA Regionals Divisions B&D
February 17th, 2018



Coaches Meeting: 8:30 a.m.

Split Start Times: Age groups 5-10 will start at 9:00 a.m. Age groups 11-14 will start around noon or right after the morning session.

This is a USAW sanctioned event. All wrestlers must be USA insured in order to compete.

Weigh-Ins: Freeland will host weigh-ins from 6 to 8 p.m. on Friday, February 16th in the Freeland High School gym balcony. For all satellite weigh-ins please refer to the NEMWA website for the times and locations. Wrestlers must weigh-in in a singlet or t-shirt and shorts.

Entry Fee: \$13 per wrestler. Please pay as a team in the pairing room before wrestling begins.

Each club must pay for their wrestlers state tournament entry fee (\$16) before leaving regionals.

Awards: Trophies will be given out to the top 1-4 wrestlers per age and weight class.

Tournament Director: Jim Wetherell at 989-430-1995 or freelandyouthwrestlingclub@gmail.com

Admission: \$2.00 Students, \$5.00 Adults, \$10.00 Family

Weight Classes:

5/6: 37,40,43,46,49,52,55,58,61,64,67,HWT (max107) 7/8 : 40,43,46,49,52,55,58,61,64,67,72,77,82,HWT (max 142)

9/10 : 51,55,59,63,67,71,75,80,85,90,95,100,110,HWT (max190)

11/12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, Hwt (Max 223)

13/14: 75,80,85,90,95,100,105,110,115,120,125,130,138,145,155,170,HWT (max 275)

Rules: ALL NEMWA RULES APPLY

1. Tournament, safety and weigh in rules will be followed per NEMWA rules.
2. Only **two** coaches per mat, per match. This includes photographer/video.
3. All wrestlers will wrestle 3 – 1:30 minutes.
4. No wrestlers with a questionable skin rash will be allowed to wrestle without a current physician statement (NEMWA form) verifying that it is not communicable.
5. Any misconduct on school grounds will lead to immediate disqualification from the tournament and dismissal from the school.
6. No sitting or standing along the sides of the mats. Please stay seated in the bleachers so everyone can see.

Concessions: Available all day. No crockpots please.

Please do not register for regionals if you are unable to attend the state tournament in Petoskey on 2/24

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