



**Freeland Wrestling Tournament**  
Freeland High School  
8250 Webster Road, Freeland  
**NEMWA Divisions A&B**  
**January 5th, 2019**



**Coaches Meeting:** 8:30 a.m.

**Split Start Times:** Age groups 5-10 will start at 9:00 a.m. Age groups 11-14 will start around noon or right after the morning session.

**This is a USAW sanctioned event. All wrestlers must be USA insured in order to compete.**

**Weigh-Ins:** Home Honor Weigh ins and skin checks. Team statisticians are to enter weights. Parents do not register child (ren) the team is responsible for this. All ages/weights due into Track Wrestling by Thursday, January 3rd by 10 PM. You must weigh-in in a singlet or t-shirt/shorts.

**Entry Fee:** \$11 per wrestler. Please pay as a team in the pairing room before wrestling begins.

**Awards:** Medals will be given out to the top 1-4 wrestlers per age /weight class. Participation medals for non placing 5-6 year olds.

**Tournament Director:** Jim Wetherell at 989-430-1995 or [freelandyouthwrestlingclub@gmail.com](mailto:freelandyouthwrestlingclub@gmail.com)

**Admission:** , \$5.00 adults, \$2.00 per child, or 10.00 per family

**Weight Classes:**

5/6: 37,40,43,46,49,52,55,58,61,64,67,HWT (max107) 7/8 : 40,43,46,49,52,55,58,61,64,67,72,77,82,HWT (max 142)

9/10 : 51,55,59,63,67,71,75,80,85,90,95,100,110,HWT (max190)

11/12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, Hwt (Max 223)

13/14: 75,80,85,90,95,100,105,110,115,120,125,130,138,145,155,170,HWT (max 275)

**Rules:** ALL NEMWA RULES APPLY

1. Tournament, safety and weigh in rules will be followed per NEMWA rules.
2. Only **two** coaches per mat, per match. This includes photographer/video.
3. All wrestlers will wrestle 3 – 1:30 minutes.
4. No wrestlers with a questionable skin rash will be allowed to wrestle without a current physician statement (NEMWA form) verifying that it is not communicable.
5. Any misconduct on school grounds will lead to immediate disqualification from the tournament and dismissal from the school.
6. No sitting or standing along the sides of the mats. Please stay seated in the bleachers so everyone can see.

**Concessions:** Available all day. No crockpots please.



**DAVIDS**  
**Gold Medal**  
**Sports**

1-888-RESTLER