

Coaches Meeting: 8:45 A.M.

Split Start Times: Age groups 5-10 will begin at 9 a.m. Age groups 11-14 will start around noon or 1/2 hour after the morning session.

Weigh-in: Home Honor Weigh-ins. Wrestlers must weigh in wearing a singlet or shorts and a t-shirt.

Team Statisticians enter actual weights from honor weigh-ins into track wrestling before 9 pm on Thursday January 4th. Parents don't register wrestlers, the team is responsible for weight entry.

Entry Fee: \$13.00 per wrestler. Teams pay for all wrestlers who register for the tournament even if they don't show up. Pay as a team at the head table.

Awards: Medals for 1st through 4th place in each weight class

Admission: \$5.00 Adult \$2.00 Student \$10.00 Family Parking: There is parking on the south and west side of the gym.

Tournament Director: Dottie Brugger - farwelleliteyouthwrestling6@gmail.com

Weight classes:

5/6 37,40,43,46,49,52,55,58,61,64,67,68-77 LT HWT, 77-87 HWT, 88-97 SHWT, 98-107 SSHWT (max 107) **7/8** 40,43,46,49,52,55,58,61,64,67,72,77,82-97 LT HWT, 98-112 HWT, 113-127 SHWT, 128-142 SSHWT (max 142) **9/10** 51,55,59,63,67,71,75,80,85,90,95,100,110, 111-130 LT HWT, 131-150 HWT, 151-170 SHWT, 171-190 SSHWT (max 190) **11/12** 60,65,70,75,80,85,90,95,100,105,112,119,126,133,134-158 LT HWT, 159-183 HWT, 184-208 SHWT, 209-233 SSHWT (max 233) **13/14** 75,80,85,90,95,100,105,110,115,120,125,130,138,155,170, 171-200 LT HWT, 201-230 HWT, 231-260 SHWT, 261-275 SSHWT HWT (max275)

*Age as of December 31st 2023.

Rules: ALL NEMWA RULES APPLY

1. Only two coaches per mat, per match.

2. **NO TOBACCO, ALCOHOL, DRUGS, or GUNS** on school grounds. Any misconduct on school grounds will lead to immediate disqualification from the tournament and/or dismissal from the school.

3. No sitting or standing along the sides of the mats. Stay seated in the bleachers so everyone can see.

Concessions: Bake sale, hotdogs, pizza, chips, water, Gatorade, pop. No crockpots .

Notice: Everyone is to stay off the stage in the cafeteria. Anyone seen on the stage will be asked to leave the premises.