



**Freeland Youth Wrestling
Freeland High School
8250 Webster Rd, Freeland
January 27th, 2024
Division A & B**



This is a USA wrestling event hosted by NEMWA

Coaches Meeting: 8:45 A.M.

Split Start Times: Age groups 5-10 will begin at 9 a.m. Age groups 11-14 will start around 12:00 pm or right after the morning session.

Weigh-in: Home Honor Weigh-ins. Wrestlers must weigh in wearing a singlet or shorts and a t-shirt.

Team Statisticians enter actual weights from honor weigh-ins into track wrestling before 9 pm on Thursday, January 25th. Parents don't register wrestlers, the team is responsible for weight entry.

Entry Fee: \$13.00 per wrestler. Teams pay for all wrestlers who register for the tournament even if they don't show up. Pay as a team at the head table.

Awards: Medals for 1st through 4th place in each weight class.

Admission: \$5.00 Adult \$2.00 Student \$10.00 Family

Tournament Director: Carah VanLuven (989) 980-1718

Weight classes:

5/6 37,40,43,46,49,52,55,58,61,64,67,68-77 LT HWT, 77-87 HWT, 88-97 SHWT, 98-107 SSHWT (max 107)

7/8 40,43,46,49,52,55,58,61,64,67,72,77,82-97 LT HWT, 98-112 HWT, 113-127 SHWT, 128-142 SSHWT (max 142)

9/10 51,55,59,63,67,71,75,80,85,90,95,100,110, 111-130 LT HWT, 131-150 HWT, 151-170 SHWT, 171-190 SSHWT (max 190)

11/12 60,65,70,75,80,85,90,95,100,105,112,119,126,133,134-158 LT HWT, 159-183 HWT, 184-208 SHWT, 209-233 SSHWT (max 233)

13/14 75,80,85,90,95,100,105,110,115,120,125,130,138,155,170, 171-200 LT HWT, 201-230 HWT, 231-260 SHWT, 261-275 SSHWT HWT (max275)

*Age as of December 31st 2023.

Rules: ALL NEMWA RULES APPLY

1. Only two coaches per mat, per match.
2. **NO TOBACCO, ALCOHOL, DRUGS, or GUNS** on school grounds. Any misconduct on school grounds will lead to immediate disqualification from the tournament and/or dismissal from the school.
3. No sitting or standing along the sides of the mats. Stay seated in the bleachers so everyone can see.

Concessions: Pizza, pretzels, hotdogs, pop, Gatorade, candy. No crockpots.