

# Clare Youth Wrestling N.E.M.W.A. Tournament

Clare High School 306 Schoolcrest, Clare, MI 48617

January 17<sup>th</sup>, 2026 Division A&C

Split Start Times & Audits: 2 LB Weight Allowance.

Coaches Meeting 8:45 am, Wrestling Starts 9am

**Session 1** : Ages 5-8 9 am (weight audits 8-8:30)

**Session 2** : Ages 9-10 & Girls no sooner than 11:30 am (weight audits 10:30-11)

**Session 3** : Ages 11-14 no sooner than 1:30 (weight audits 12:30-1)

**Age based on child's age as of 12/31/2025**

**Weigh Ins:** Home Honor Weigh-in and skin checks. Team statisticians enter actual weights from weigh-ins before 10pm on Thursday before the tournament.

**This is a USA wrestling event hosted by N.E.M.W.A**

**Entry Fee:** \$15.00 per wrestler. Teams pay as a team at the pairing table morning of. Clubs are responsible to pay for all wrestlers who register for the tournament even if they don't show up.

**Admission:** \$5.00 per adult, \$2.00 per student and \$10.00 per family (max of 6)

**Awards:** Medals available for top 4 wrestlers in each weight class.

## **Weight Classes Open:**

**Age 5-6** – 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, HWT. (107 max.)

**Age 7-8** – 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT. (142 max.)

**Age 9-10** – 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110 & HWT. (190 max.)

**Age 11-12** – 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT (233 max)

**Age 13-14** – 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 138, 145, 155, 170, HWT (186 max)

## **Weight Classes Girls:**

**Age 5-7** – 40, 45, 50, 55, 60, 65, 70, 75, HWT (120 max)

**Age 8-10** -50, 55, 60, 65, 70, 75, 80, 85, 90, 95, HWT (170 max)

**Age 11-12** – 75, 85, 95, 105, 115, 125, 135, 145, 155, 165, 175, HWT (176 max)

**Age 13-14** – 85, 95, 105, 115, 125, 135, 145, 155, 165, 175, 185, HWT (186 max)

**Rules:** Modified High School Rules Apply.

Only 2 coaches per mat (including photographer/videographer)

**NO SMOKING/CHEWING/VAPING** on school grounds. **NO ALCOHOL** of any kind on school grounds.

Any misconduct of will result in immediate disqualification and removal from the school.

## **Additional Info**

**Concessions available**

**505/50 Raffle and 1/2 Beef Drawing** to benefit Clare Youth Wrestling

**Tournament Director/ More info:** Joe Pnacek (989) 537-2776

