

Clare Youth Wrestling N.E.M.W.A. Tournament

Clare High School 306 Schoolcrest, Clare, MI 48617

January 17th, 2026 Division A&C

Split Start Times & Audits: 2 LB Weight Allowance.
Coaches Meeting 8:45 am, Wrestling Starts 9am

Session 1 : Ages 5-8 9 am (weight audits 8-8:30)

Session 2 : Ages 9-10 & Girls no sooner than 11:30 am (weight audits 10:30-11)

Session 3 : Ages 11-14 no sooner than 1:30 (weight audits 12:30-1)

Age based on child's age as of 12/31/2025

Weigh Ins: Home Honor Weigh-in and skin checks. Team statisticians enter actual weights from weigh-ins before 10pm on Thursday before the tournament.

This is a USA wrestling event hosted by N.E.M.W.A

Entry Fee: \$15.00 per wrestler. Teams pay as a team at the pairing table morning of. Clubs are responsible to pay for all wrestlers who register for the tournament even if they don't show up.

Admission: \$5.00 per adult, \$2.00 per student and \$10.00 per family (max of 6)

Awards: Medals available for top 4 wrestlers in each weight class.

Weight Classes Open:

Age 5-6 – 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, HWT. (107 max.)

Age 7-8 – 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT. (142 max.)

Age 9-10 – 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110 & HWT. (190 max.)

Age 11-12 – 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT (233 max)

Age 13-14 – 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 138, 145, 155, 170, HWT (186 max)

Weight Classes Girls:

Age 5-7 – 40, 45, 50, 55, 60, 65, 70, 75, HWT (120 max)

Age 8-10 – 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, HWT (170 max)

Age 11-12 – 75, 85, 95, 105, 115, 125, 135, 145, 155, 165, 175, HWT (176 max)

Age 13-14 – 85, 95, 105, 115, 125, 135, 145, 155, 165, 175, 185, HWT (186 max)

Rules: Modified High School Rules Apply.

Only 2 coaches per mat (including photographer/videographer)

NO SMOKING/CHEWING/VAPING on school grounds. **NO ALCOHOL** of any kind on school grounds.

Any misconduct will result in immediate disqualification and removal from the school.

Additional Info

Concessions available

505/50 Raffle and 1/2 Beef Drawing to benefit Clare Youth Wrestling

Tournament Director/ More info: Joe Pnacek (989) 537-2776

