

FREELAND YOUTH WRESTLING CLUB TOURNAMENT



NEMWA Divisions B & D January 24th, 2026

Freeland High School
8250 Webster Road
Freeland, MI 48623

This is an USA Sanctioned event. All wrestlers must be USA insured in order to compete.

Split Start time

Session 1 age 5-8 @9:00am (mat audit 8-8:30) Session 2 Age 9-10 & girls no sooner than 11:30pm (mat audit 10:30-11)
Session 3 age 11-14 no sooner than 1:30 (mat audit 12:30-1)

Ages based on Childs age as of December 31st 2025

Weigh Ins:

Home Honor Weigh ins and skin checks. Team statisticians are to enter weights from honor weigh-ins into Trackwrestling no later than 10pm on Thursday

Entry Fees: \$15.00 per wrestler, please pay as a team at the pairing table before 8:30am.
Club is responsible to pay for all wrestlers who register, even if they don't show up.

Admission: \$5.00 per adult, \$2.00 per child or \$10.00 per family

Weight Classes: Open division Weight classes.

Age 5/6 – 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 68-77, 78-87, 88-97, 98-107 (107 max.)

Age 7/8 – 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 83-97, 98-115, 116-127, 128-142 (142 max.)

Age 9/10 – 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, 111-130, 131-150, 151-170, 171-190 (190 max.)

Age 11/12 – 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 134-158, 159-183, 184-208, 233 (233 max.)

Age 13/14 – 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 138, 145, 155, 170, 200, 230, 260, 275 (275 max.)

Girls Division

5-7 - 40, 45, 50, 55, 55, 60, 65, 70 Lt. Hvy 76-85. Hvy 86-100, Spr Hvy 101-120

8-10 - 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, Lt Hvy 96-110, Hvy 111-135, Spr 136-170

11-12 - 75, 80, 85, 90, 95, 105, 125, 135, 145, 155, 165, 175, HWT max176

13-14 - 85, 95, 105, 115, 125, 135, 145, 155, 165, 175, 185, HWTmax 186

Concessions: Concessions available all day. No Crockpots please.

Rules: ALL NEMWA and MODIFIED HIGH SCHOOL RULES APPLY

1. Tournament, safety and weigh in rules will be followed per NEMWA rules.
2. Only **two** coaches per mat, per match. Only coaches with credentials may be matside
- Photographers and parents in the stands
3. All wrestlers will wrestle 3 – 1:30 minutes.
4. No wrestlers with a questionable skin rash will be allowed to wrestle without a current physician statement (NEMWA form) verifying that it is not communicable.
5. Any misconduct on school grounds will lead to immediate disqualification from the tournament and dismissal from the school. No tobacco/ Alcohol/ Guns allowed on school grounds
6. No sitting or standing along the sides of the mats. Please stay seated in the bleachers so everyone can see.

Coaches Meeting: 8:45 AM HS Wrestling room Hall. **Wrestling begins:** 9:00 AM sharp!

Any questions please contact Andrea Klopf (989) 573-0907 or Kevin Caldwell (989) 948-1589