



Pinconning Youth Wrestling Club
605 W. 5th St., Pinconning, MI 48650

Tournament Information

Date: January 31, 2026

Event: USA Wrestling Tournament (Hosted by N.E.M.W.A.)

Divisions: A and B

Schedule

Coaches Meeting

- 8:30 AM

Wrestling Start Time

- 9:00 AM

Session Breakdown

Session 1 – Ages 5–8

- **Wrestling: 9:00 AM**
- **Weight Audits: 8:00–8:30 AM**

Session 2 – Ages 9–10 & Girls Division

- **Wrestling: *No sooner than* 11:30 AM**
- **Weight Audits: 10:30–11:00 AM**

Session 3 – Ages 11–14

- **Wrestling: *No sooner than* 1:30 PM**
- **Weight Audits: 12:30–1:00 PM**

Age Classification: Based on age as of December 31, 2025.

Weigh-In Procedure

- **Home Honor Weigh-Ins**
- **Team statisticians must enter weights by 10:00 PM, Thursday, January 29, 2026.**
- **Wrestlers must weigh in wearing a singlet, shorts, or T-shirt (no weight allowance).**

Tournament Details

- **Parents do not register their child—teams complete all registrations.**
- **Teams must pay for all registered wrestlers, even if they do not attend.**
- **Teams pay as a group at the pairing table.**

Fees

- **Wrestler Entry Fee: \$15**
- **Admission Prices:**
 - **Adults: \$5**
 - **Students: \$2**
 - **Family: \$10**

Awards

- **Medals for 1st–4th place in each weight class.**

Concessions

- **Snacks and lunch available all day.**

Rules

- **Modified High School Rules apply.**
- **Only two coaches per mat, including photographers/videographers.**

School Rules

- **No smoking, chewing, or vaping on school grounds.**
- **No alcohol allowed on school property.**
- **Misconduct results in immediate disqualification and removal.**

Weight Classes

OPEN DIVISION

5–6 Year Olds

**37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67
68–77 (Lt Hwt), 78–87 (Hwt), 88–97 (Super Hwt), 98–107 (Super Super Hwt, Max 107)**

7–8 Year Olds

**40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82
83–97 (Lt Hwt), 98–112 (Hwt), 113–127 (Super Hwt), 128–142 (Super Super Hwt, Max 142)**

9–10 Year Olds

**51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110
111–130 (Lt Hwt), 131–150 (Hwt), 151–170 (Super Hwt), 171–190 (Super Super Hwt, Max 190)**

11–12 Year Olds

**60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133
134–158 (Lt Hwt), 159–183 (Hwt), 184–208 (Super Hwt), 209–233 (Super Super Hwt, Max 223)**

13–14 Year Olds

**75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 138, 145, 155, 170
171–200 (Lt Hwt), 201–230 (Hwt), 231–260 (Super Hwt), 261–275 (Super Super Hwt, Max 275)**

GIRLS DIVISION

Ages 5–7 (Max 142)

40, 45, 50, 55, 60, 65, 70, 75, HWT

Ages 8–10 (Max 190)

50, 60, 70, 80, 90, 100, 110, HWT

Ages 11–12 (Max 233)

75, 85, 95, 105, 115, 125, 135, 145, 155, 165, 175, HWT

Ages 13–14 (Max 275)

85, 95, 105, 115, 125, 135, 145, 155, 165, 175, 185, HWT

Tournament Director

Isaiah Thomas

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